Goals of the Program

The Department of Obstetrics and Gynecology strives to support its faculty members who are trying to acquire new surgical skills that have proven efficacy and safety. Ultimately this leads to better patient care and enhances our educational mission. This must be balanced by our fiduciary responsibility to patients through balancing the development of new surgical techniques with optimization of the quality of patient care. Towards this end, the Continuing Surgical Education Program (CSEP) provides a model of faculty development to assist faculty members pursuing privileges in new surgical techniques.

Process

A surgeon who wishes to pursue further training in a surgical technique through the CSEP Program initiates this process by contacting their Site Head of their intention. This should be done by emailing the completed CSEP Request for Participation Form (Appendix 1) that specifies the surgical technique they want to pursue. The request should include documentation of prior efforts to gain knowledge of related anatomy and pathophysiology of the surgical technique, as well as evidence of sufficient clinical volume to permit maintenance of surgical skills. Prior knowledge of the surgical disorder could be demonstrated through participation in CME courses, fellowship training, or independent study. For procedures with new devices, new anatomical approaches, or new procedures, knowledge of specific surgical equipment is a prerequisite. With respect to clinical volume, the learner should have enough patients with the surgical disorder to produce a minimum of 6 cases per year of patients with the surgical disorder to be treated by the new surgical technique.

The Site Head will inform the learner of outcome.

After approving the learner’s request to join the CSEP Program, the Site Head should provide the learner with a list of available preceptor surgeons for this specific surgical technique. Preceptors do not need to be primarily located at the learner’s site, but should meet the criteria for a preceptor and be willing to mentor the learner (see below). The UBC Head will assist Site Heads in finding appropriate preceptors.

The learner should notify the preceptor of their desire to acquire further training in a specific surgical technique and their intent to schedule patients with them through the CSEP Program. It is recognized that there are different levels of surgical skills and consequently, prior to scheduling cases with a preceptor the learner should initiate a conversation about the reality of their expectations and any prerequisites skill development that they should pursue.
The learner will need to provide patients who desire surgical treatment for the surgical disorder from their own practice. These patients should be informed that the learner is working through the CSEP Program to enhance their skills. The patient needs to understand that their surgeon will be working with a preceptor surgeon during their case and this should be part of the informed consent process and documented in the medical record. In addition, both surgeons should be listed on the OR slate and consent form.

The learner should provide the preceptor with a full history and physical exam documenting the patient’s case, including indications, for surgery, prior interventions, and comorbidities in a timely fashion. They should also send a copy of the OR posting form, and the preceptor should insure that adequate OR time is scheduled. At the preceptor’s discretion, the patient should be referred to the preceptor for a formal consult. Cases should either be scheduled during dedicated OR time for the CSEP Program, or during the learner’s OR time allotment.

The preceptor will determine surgical roles during the case, with the intent of advancing the learner’s skills. They will also provide specific feedback to the learner based on Objective Structured Assessment Technical Skills (OSATS) criteria and suggest a curriculum for improvement of skills when indicated.

Final determination of the learner’s ability to do procedures independently and safely is the preceptor’s responsibility. Different learners will develop independent skills for a given surgical technique at different paces. Therefore, the number of cases that need to be performed in the preceptor program will vary by learner and surgical technique. Determination of skill will be based on competencies not number of cases. Any preceptor identified for the specific surgical technique can approve the learner as competent in the new surgical technique. Therefore a learner seeking privileges for a new technique does not need to schedule all of their cases with a single preceptor.

When a preceptor determines that a learner has gained the necessary skills to competently perform the procedure with results that will meet the standard of care, they should notify the Site Head of this in writing by email. The Site Head will then provide provisional privileges in the new technique. The Learner Surgeon should maintain a log of cases that includes perioperative complications for two years thereafter, and present this to the site head at annual reviews, as this will be the basis of moving from provisional to complete privileges.
Scope of Program

The CSEP should be available to all faculty members of the UBC Department of Obstetrics & Gynaecology across all provincial sites. To accomplish this in distributed sites, the program is organized by hospital site. The institutional CSEP Program at different sites share many common elements, including preceptors and shared framework as the basis of the individual programs. At the same time, individual programs may operationalize it differently.

For those sites with sufficient resources, surgical volume, and demand on the part of faculty members, a formal, scheduled CSEP Program is desirable. Such a program should enlist standing preceptors and provide recurring scheduled OR time, during which faculty members can schedule cases with the preceptor. The frequency of OR preceptor days should be commensurate with the demand by faculty members. Scheduling cases into the preceptor sessions should be equitable.

Preceptors

This program depends on the generosity of faculty members who have specific surgical and teaching skills and are willing to provide service to the department to improve the care we provide to the women of British Columbia.

Criteria for Preceptors

For the procedure planned, the PRECEPTOR should:

1. Regularly perform the procedure in their practice and have prior acknowledgement for his/her surgical teaching skills.
2. Have a current surgical volume that is adequate to maintain competence for the planned surgical procedure to be mentored.
3. The Site Head or the UBC Head should have knowledge of the preceptor’s skills and complications with the procedure.

Responsibilities of Preceptors

For the Learner pursuing a new procedure, the PRECEPTOR should:

1. Be willing and able to review with the learner aspects of the surgical procedure BEYOND the actual surgery, such as:
   a) Indications for the procedure.
   b) Alternative treatment options, including surgical and non-surgical options
   c) Management of complications associated with the procedure.
   d) Expectations and outcomes from the procedure.
2. Have the flexibility to book the mentoring cases on learner’s time, within a reasonable timeframe.
3. Provide feedback to the learner surgeon based on OSATS criteria.
4. Be willing to provide a letter or recommendation to the Site Head confirming competence of the learner on the procedure once the learner has met the OSATS criteria.
5. Be accepting of the other parameters of the CSEP, including stipends, billings, preop and patient assessments.

Rewarding Preceptors
Participation in the CSEP requires preceptor to spend additional operative time during preceptor cases, as well as preoperative and postoperative time providing teaching and feedback to the learner. Rewarding department members for participation should focus on academic notoriety, but also provide some financial remuneration. Towards the first goal, participation in the CSEP Program will be recognized as academic service to the department that counts toward expected teaching contributions. Financial compensation cannot fully remunerate the time spent teaching in the program, but should strive to balance the investment of time that could have been financially rewarded through clinical care.

To balance the clinical income the preceptor program will forgo, the preceptor surgeon will bill as the primary surgeon for all preceptor cases, while the learner surgeon will bill as an assistant. For cases done at their institution, the preceptor surgeon will also benefit from additional surgical time, outside their usual RAM allocation. For those preceptors who must travel more than ten miles from their hospital to mentor another surgeon, the department will seek travel costs from the rural health authority MOCAP funds and other sources.

Some surgical companies that service the gynecological surgery field, offer financial remuneration for surgeons that preceptor learner surgeons in cases using their products. Departmental members participating in the CSEP Program will be allowed to benefit from this additional source of funding, provided that the product has been approved for use by the Site Head, and that it does not provide a conflict of interest with the educational responsibilities of the preceptor.

Medical Legal Risk
The CSEP has been reviewed by to the Canadian Medical Protective Association for guidance on medico-legal issues associated with this program. The review by a Senior Medical Officer was positive, with minor recommended changes that were addressed.

Documentation
APPENDIX 1: CSEP Request for Participation Form
APPENDIX 2: Objective Structured Assessment Technical Skills (OSATs)
APPENDIX 3: Preceptor attestation of competence
APPENDIX 4: Learner log of cases/complications
APPENDIX 1: CSEP REQUEST FOR PARTICIPATION FORM

Request for Participation in the Preceptor Program
for
Continuing Surgical Education

Date:

Name of Learner Surgeon: _______________________________

Primary Surgical Site: __________________________________

Procedure for which you are seeking mentorship:
_____________________________________________________________________

Prior Knowledge Base:

Have you taken prior CME courses taken related to this procedure? (provide list or summary):
____________________________________________________________________________
____________________________________________________________________________
____________________________________________________________________________

Have you received other training pertinent to this procedure? (fellowship, externship):
____________________________________________________________________________
____________________________________________________________________________
____________________________________________________________________________

Do you presently perform a similar procedure? (briefly describe the scope of your practice with
this procedure):
____________________________________________________________________________
____________________________________________________________________________
____________________________________________________________________________

How many patients do you see annually who will benefit from this procedure? ________

Submit the completed form with supporting documentation to your site head.
APPENDIX 2: OBJECTIVE STRUCTURED ASSESSMENT TECHNICAL SKILLS (OSATS)

GLOBAL RATING SCALE OF OPERATIVE PERFORMANCE

Please circle the number corresponding to the candidate’s performance in each category, irrespective of training level.

<table>
<thead>
<tr>
<th>Respect of Tissue:</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments</td>
<td></td>
<td></td>
<td>Careful handling of tissue but occasionally caused inadvertent damage</td>
<td>Consistently handled tissues appropriately with minimal damage</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Time and Motion:</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Made unnecessary moves</td>
<td></td>
<td></td>
<td>Effective time/motion but some unnecessary moves</td>
<td>Clear economy of movement and maximum efficiency</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Instrument Handling:</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Repeatedly makes tentative or awkward moves with instruments by inappropriate use of instruments</td>
<td></td>
<td></td>
<td>Competent use of instruments but occasionally appeared stiff or awkward</td>
<td>Fluid moves with instruments and no awkwardness</td>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>Knowledge of Instrument:</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frequently asked for wrong instrument or used inappropriate instruments</td>
<td></td>
<td></td>
<td>Knew names of most instruments and used appropriate instrument</td>
<td>Obviously familiar with the instruments and their names</td>
<td></td>
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<table>
<thead>
<tr>
<th>Flow of Operation:</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frequently stopped operating and seemed unsure of next move</td>
<td></td>
<td></td>
<td>Demonstrated some forward planning with reasonable progression of procedure</td>
<td>Obviously planned course of operation with effortless flow from one move to the next</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Use of Assistants:</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
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<tr>
<td>Consistently placed assistants poorly or failed to use assistants</td>
<td></td>
<td></td>
<td>Appropriate use of assistants most of the time</td>
<td>Strategically used assistants to the best advantage at all times</td>
<td></td>
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<tr>
<th>Knowledge of Specific Procedure:</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
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</thead>
<tbody>
<tr>
<td>Deficient Knowledge. Needed specific instruction at most steps</td>
<td>Knew all important steps of operation</td>
<td>Demonstrated familiarity with all aspects of operation</td>
<td></td>
<td></td>
<td></td>
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</table>

OVERALL ON THIS TASK, SHOULD THE CANDIDATE:  
FAIL  
PASS

Note: Reproduced from the American Journal of Surgery, 180, Reznick R., G, MacRae H, Martin J, McCulloch W. Test technical skill via an innovative ‘Bench Station’ examination, 226030, Copyright 1997, with permission from Excerpta Medica Inc.
APPENDIX 3: PRECEPTOR ATTESTATION OF COMPETENCE

Date

Dr.
Site Head

Re. Credentials for Dr. <Learner>

Dear Dr.

I have been a preceptor for Dr. <Learner>, who has been seeking new surgical skills in <procedure>. I most recently operated with Dr. <Learner> on <Date>, at which point he/she demonstrated adequate proficiency with this procedure, as based on the Objective Structured Assessment of Technical Skills, to perform this procedure independently.

Sincerely,

Dr. <Preceptor>
APPENDIX 4: LEARNER LOG OF CASES/COMPLICATIONS

CASE LOG

Surgeon: ________________________________________________________________

Procedure: ______________________________________________________________

Date of Completed Preceptorship: __________________________________________

<table>
<thead>
<tr>
<th>Patient Name</th>
<th>PHN</th>
<th>Date</th>
<th>Procedure</th>
<th>Concurrent Procedures</th>
<th>Intra-operative complications</th>
<th>Post-operative complications</th>
</tr>
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<tbody>
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