Dr. Fred Bryans Faculty Forum 2021
Advancing Women's Health Research & Care:
Prioritizing Patient Voices

Thursday, February 4, 2021 & Friday, February 5, 2021
Virtual Meeting
Connection details will be sent directly to registrants

Accreditation statement
The University of British Columbia Division of Continuing Professional Development (UBC CPD) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide study credits for continuing medical education for physicians. This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and has been approved by UBC CPD for up to 5.25 MOC Section 1 Group Learning credits. Each physician should claim only those credits accrued through participation in the activity.
Dr. Fred Bryans Faculty Forum Program
Thursday, February 4th

9:00 to 9:10  Workshop Welcome – Department Head

9:10 to 9:55  Optimizing Patient Care Using On-line Platforms
  • Kendall Ho
  • John Pawlovich

9:55 to 10:10  Restoration/Zoom Break

10:10 to 10:40  Break Out - Meet our BC Support Units: Brief overview of services and opportunities
  1. Fraser Centre
  2. Interior Centre
  3. Northern Centre
  4. Vancouver Island Centre
  5. Vancouver Centre

10:40 to 11:10  Restoration/Zoom Break

11:10 to 11:55  Faculty Presentations
  • Driving Change Through Trust, Vulnerability and Research: An Endometriosis Journey Sarah Lett, Heather Noga, Paul Yong
  • Patient Oriented Care – GCI-PRO Jenny Ko
  • CervixCheck North: Colonial Standards and Lived Reality Sheona Mitchell-Foster

11:55 to 12:25  Break Out - Facilitated Networking Lounge
  • Mentorship – Wendy Norman, Facilitator
  • REACH BC Platform – Stefanie Cheah, Facilitator
  • Setting up your Patient Advisory Board – Stephanie Lam, Facilitator
  • Structural Racism and Its Impacts On Research – Jessie King and Sheona Mitchell-Foster, Facilitators

12:25 to 12:35  Closing Remarks – Department Head
Dr. Fred Bryans Faculty Forum Program
Friday, February 5th

9:00 to 9:10  Workshop Welcome – Department Head

9:10 to 9:55  "Patient" Oriented Research: Methods and Mullings on a Bipolar Disorders mHealth Project
  • Marek Rokosh
  • Erin Michalak

9:55 to 10:10  Restoration/Zoom Break

10:10 to 10:55  Faculty Presentations
  • Involving People with Lived Experiences in MFM Research – A Work in Progress Jessica Liauw
  • Quality Improvement & Patient Safety: Methods, Vaccines, & Beyond Justin McGinnis
  • Patient Engagement on a Knowledge Translation Campaign: Lessons From #Debunkingdesire Diana Fircan and Lori Brotto

10:55 to 11:10  Restoration/Zoom Break

11:10 to 11:55  Learning Health System & the BC Academic Health Science Network
  • Riyad Abu-Laban
  • Lindsay Hedden
  • Danielle Lavallee

11:55 to 12:10  Closing Remarks – Department Head
Faculty Forum Learning Objectives

- highlight the opportunities and innovation that Patient Oriented Research and Patient Engagement can bring to our specialty;
- identify supports available for engaging in Patient Oriented Research;
- showcase the spectrum of research of our faculty;
- share lessons learned from engaging in Patient Oriented Research; and
- cultivate new collaborations across specialties.

Optimizing Virtual Patient Care Session Objectives

By the end of this workshop, participants will be able to:
- identify tools to support virtual patient care; and
- describe barriers and facilitators to virtual patient care.

Learning Health Systems Session Objectives

By the end of this workshop, participants will be able to:
- describe the elements of a Learning Health System;
- identify case examples of Learning Health Systems from the BC context; and
- understand the role of the BC Academic Health Science Network in supporting the development of Learning Health Systems.

Thank you to the BC Support Unit for their input in developing and for their active engagement in the program.

Dr. Fred Bryans Faculty Forum Planning Committee

Michael Anglesio, PhD. Assistant Professor, Department of Obstetrics and Gynaecology, UBC
Lori Brotto, PhD. Professor, Division of Gynaecologic Specialties, Department of Obstetrics & Gynaecology, UBC; Canada Research Chair in Women’s Sexual Health; Executive Director, Women’s Health Research Institute
Chelsea Elwood, MD, FRCSC. Clinical Assistant Professor, Division of Gynaecologic Specialties; Program Director Reproductive Infectious Diseases Fellowship Program, Department of Obstetrics & Gynaecology, UBC
Mannie Fan, Research Program Manager - VGH, Department of Obstetrics & Gynaecology, UBC
Ariadna Fernandez, (Chair), Research Program Manager, Department of Obstetrics & Gynaecology, UBC
Rosemarie Garcia, Administrative Assistant, Department of Obstetrics & Gynaecology, UBC
Nicole Koenig, Research Program Manager - SPH, Department of Obstetrics & Gynaecology, UBC
Janice S. Kwon, MD, FRCS, MPH. Associate Professor, Division of Gynaecologic Oncology; Associate Head, Research, Department of Obstetrics and Gynaecology, UBC
Peter Leung, PhD. Professor, Division of Reproductive Endocrinology & Infertility, Department of Obstetrics & Gynaecology, UBC
Sheona Mitchell-Foster, MD, FRCSC, MPH. Assistant Professor, Division of General Obstetrics & Gynaecology, Department of Obstetrics & Gynaecology, UBC
Gavin Stuart, MD, FRCSC. Professor, Division of Gynaecologic Oncology and Acting Department Head, Department of Obstetrics & Gynaecology, UBC
Nicole Todd, MD, FRCSC. Clinical Assistant Professor, Division of Gynaecologic Specialties, Department of Obstetrics & Gynaecology, UBC
Speakers, Facilitators and Moderators

Riyad Abu-Laban is the Scientific Director of the BC Emergency Medicine Network, and oversees a program focused on optimizing the ability of the EMN to evaluate the system and patient care impact of its activities and function as a true Learning Health System. He is a Royal College certified Emergency Physician at Vancouver General Hospital and a Professor in the UBC Department of Emergency Medicine, where he served as Research Director until 2020.

Michael Anglesio is an Assistant Professor in the Department of Obstetrics and Gynecology at the University of British Columbia (UBC) and a principal investigator with OVCARE, BC’s Gynecological Cancer Research Team. His research has included reclassifying cell lines for type specific ovarian cancer research, defining common recurrent molecular changes in rare ovarian subtypes. His report identifying recurrent cancer-driver mutations in non-malignant endometriosis was recognized as the most impactful publication in the field of obstetrical and gynecologic and breast disease of 2017 by the Columbia Hospital for Women Research Foundation (CHWRF). His lab is now focused on uncovering disease and phenotype biomarkers in both endometriosis and endometriosis-associated cancers as well as exploring the mechanisms through which endometriosis undergoes malignant transformation.

Lori A. Brotto is a Professor in the UBC Department of Ob/Gyn, Executive Director of the Women’s Health Research Institute, and holds a Canada Research Chair in Women’s Sexual Health. Her research focuses on women’s sexual health, and she has a passion for knowledge translation informed by good patient engagement.
**Stefanie Cheah** is the Project Manager for the REACH BC platform (www.reachbc.ca). She has consulted on the development and operations of various health research programs to increase participation in health research. She has also been involved with education-related projects related to supporting health and medical research. She has a MSc in Experimental Medicine from UBC and has a Project Management Professional designation.

**Diana Firican** - Diana was empowered by her personal experience of receiving accurate information about sexual desire and debunking women’s sex-related myths during the DESIRE study. She was honored to accept the patient partner role in the #DebunkingDesire campaign, in order to help share this valuable and life-changing information with women around the world.

**Lindsay Hedden** is an Assistant Professor of Learning Health Systems in the Faculty of Health Sciences at Simon Fraser University and is the Assistant Scientific Director of BC’s Academic Health Science Network. Her work in primary care focuses specifically on how we can improve access for patients; how we can measure current and predict future supply and demand; and how we can address physician workforce issues, all in the context of a developing learning health system. As a post-doctoral Health System Impact Fellow, she worked with BC’s Ministry of Health on an improved strategy for physician workforce planning, supporting physician recruitment and retention efforts, and the development and evaluation of new models of primacy care delivery. Dr. Hedden completed a previous post-doctoral fellowship with the Centre for Clinical Epidemiology and Evaluation. She has a PhD in Population and Public Health, and Master of Science in Epidemiology from UBC.
Kendall Ho is a practicing emergency medical specialist, Professor in the Department of Emergency Medicine in the Faculty of Medicine, and the Lead of the Digital Emergency Medicine Unit. He has gained professional recognition for his ground-breaking digital health research, applying innovative technologies to support patient transition between emergency departments and the community. He is the medical director of the Healthlink BC Virtual Physicians program called HEiDi. He is also the lead of the Real Time Virtual Support pillar of the BC Emergency Medicine Network. Dr. Ho’s work has been recognized with provincial and national awards for research and education in digital health and community engagement.

Nicole Keay is an experienced communications professional who has worked in healthcare, construction and telecommunications. She is also a patient partner with the Gynecologic Cancer Initiative (GCI) and co-hosts the newly launched Gynecologic Oncology Sharing Hub (GOSH) podcast. In her early 30s, Nicole was diagnosed with cervical cancer and underwent intense treatment including surgery, radiation and chemotherapy resulting in the loss of her fertility. Nicole now uses her experiences to help guide, support and be a voice for women who have been diagnosed with gynecological cancers.

Jessie King, Hadiksm Gaax - Jessie is T’symsen with matrilineal ties to Gitxaala belonging to the Ganhada - Raven Clan. She grew up in Prince Rupert and moved to Lheidli T’enneh territory in 2005 to pursue post-secondary studies. Jessie has her BSc in psychology, MA in First Nations Studies, and PhD in Human and Health Sciences. Her areas of focus fluctuate between Indigenous identities, birth and lifespan knowledge/protocols, history, contemporary discussions, cultural safety and humility, and research methodologies. In addition to being an Assistant Professor, student advocate, and scholar, she is a Mother of two young boys and is grateful to live work and play on Lheidli T’enneh Territory (Prince George) and the surrounding area.
**Jenny Ko** is a medical oncologist in BC Cancer – Abbotsford and past chair of the BC Cancer Gynecologic Oncology Systemic Therapy Group Chair. Her research interests include health outcomes and innovative technology in women’s cancer.

**Janice Kwon** is a gynecologic surgical oncologist at UBC/BC Cancer/Vancouver General Hospital. She is the Associate Head of Research for the Department of Obstetrics and Gynecology at UBC and Chair of the Priority and Evaluations Committee at BC Cancer. She chairs the National BRCA Collaborative, and serves on the Committee on Economic Analysis for the Canadian Cancer Trials Group. Her expertise is in cost-effectiveness analyses of testing criteria and risk-reducing interventions for hereditary cancer syndromes. She currently holds a MSFHR Health Professional Investigator Award.

**Stephanie Lam** is the Research Coordinator for the Gynecologic Cancer Initiative (GCI), a province-wide initiative aimed to accelerate transformative research on the prevention, detection, treatment and survivorship of gynecologic cancers. Stephanie received her Bachelors of Science from the Faculty of Health Sciences at Simon Fraser University. She currently chairs the Gynecologic Cancer Initiative’s Patient and Family Advisory Council and has been involved in numerous patient-oriented research projects.
Danielle Lavallee serves as Scientific Director for the BC Academic Health Science Network. In her role she works with all operational units and supported networks. Her research focuses on advancing methods to incorporate the patient and stakeholder perspective into both clinical care and research activities through the capture of patient-reported outcomes and active patient involvement in research conduct. In addition to being BC AHSN’s Scientific Director, Danielle is a Research Associate Professor and health services researcher in the Department of Surgery at the University of Washington. She holds a Doctor of Pharmacy from the University of Kansas and a PhD in Pharmaceutical Health Services Research from the University of Maryland, Baltimore.

Sarah Lett After a 20 year battle with endometriosis, Sarah Lett became a member of the Endometriosis Patient Research Advisory Board. Joining this board over a year and a half ago has enabled her further advocacy through volunteering as the digital strategist for the UBC Endometriosis and Pelvic Pain Laboratory based at BC Women’s Hospital; contributing to grant applications; working on endometriosis knowledge transfer projects that will deploy both social media and search engine marketing to educate targeted audiences about endometriosis and dysmenorrhea. She is also a member of EndoAct Canada (a pan Canadian advocacy group with the goal of driving policy action on endometriosis in Canada).

Jessica Liauw is a Maternal Fetal Medicine clinician-scientist at BC Women’s Hospital and Clinical Assistant Professor at the University of British Columbia. She completed her residency in Obstetrics and Gynecology at McMaster University. She completed her Maternal Fetal Medicine fellowship, Masters of Health Sciences in Population and Public Health, and the Clinician-Investigator fellowship at UBC. Her research interests include fetal growth restriction, preterm birth, medical decision-making, and reproductive health needs of marginalized populations.
**Justin McGinnis** - Since completing his residency training in OBGYN at UBC, Dr McGinnis completed subspecialty fellowship training in Gynecologic Oncology at McMaster University and a Master of Science in Quality Improvement & Patient Safety at the University of Toronto’s Institute of Health Policy, Management & Evaluation and Dalla Lana School of Public Health. Dr. McGinnis is thrilled to be a member of the clinical and research faculty at UBC. He places a strong focus on medical education and is an active researcher in the discipline of healthcare quality improvement.

**Erin Michalak** is a Professor in the Department of Psychiatry at the University of British Columbia in Vancouver, Canada, Program Director for the APEC Digital Hub for Mental Health and the Patient Engagement Methods Clusters Lead for the BC SUPPORT Unit. Her background is in psychology, with a PhD awarded from the University of Wales College of Medicine in the United Kingdom. Her research expertise lies in eHealth/mHealth, patient engagement in research, knowledge translation, mood disorders, quality of life, and implementation science. She has published over 100 scientific articles and several books and book chapters.

In 2018, Dr. Michalak was awarded the CIHR Gold Leaf Prize for Transformation in Patient Engagement, Canada’s most prestigious recognition for patient engagement in research across all health disciplines. She is also the recipient of the 2019 Douglas Utting Prize, made annually for significant accomplishments in promoting the awareness and treatment of depression in Canada.
Sheona Mitchell-Foster is a practicing Obstetrician Gynecologist and settler researcher with the University of British Columbia’s Northern Medical Program. After medical school at the University of Calgary, she completed her specialty training and Clinical Investigator fellowship in Vancouver at the University of British Columbia as well as a Masters of Public Health at Johns Hopkins Bloomberg School of Public Health. Dr. Mitchell-Foster has a keen interest in reproductive health of marginalized populations and has worked extensively both in East Africa and in northern BC on cervical cancer prevention using HPV self-collection for screening including a CIHR-funded pilot of low-barrier options of cervical cancer screening for Indigenous women in the north. Other areas of current research include perinatal substance use in northern BC with a focus on Indigenous and underserved populations in rural and remote geographies and she is the Academic Lead on the first culturally safe holistic housing program dedicated specifically to women struggling with substance-use during pregnancy in northern Canada.

Larry Mroz has researched how people experience various health conditions and how this might affect their health behaviours. Larry is Research Services Lead and Patient Engagement Coordinator with the BC SUPPORT Unit, Vancouver office. In this role he helps health researchers work with non-researchers, including patients, to help build their capacity to contribute to the research process. This involves educating and training researchers, patient/family/public partners, health care providers and policy decision makers in patient oriented research practices.

Heather Noga is a research manager with the Women’s Health Research Institute dedicated to the Endometriosis and Pelvic Pain Laboratory. Heather has a very diverse range of experience. She holds a B.A. in Sociology from the University of Manitoba and an M.A. in International Justice from the University of Leeds, UK. Her work has been focused on improving care for vulnerable populations through facilitating cross-disciplinary collaborations. Her interests include research design, research methods, patient engagement and knowledge translation. She currently manages the Endometriosis and Pelvic Pain Laboratory.
**Wendy V. Norman** is a family physician-researcher with over 30 years clinical experience in sexual health and family planning clinics. She holds the Chair in Family Planning Public Health Research from the Public Health Agency of Canada and the Canadian Institutes of Health Research; is an Associate Professor in the Faculty of Medicine, University of British Columbia, in Canada; and an Honorary Associate Professor in the Faculty of Public Health and Policy at the London School of Hygiene & Tropical Medicine in the UK, and is a technical advisor to the World Health Organization on Sexual Health Surveys. In 2020 Dr. Norman was awarded the prestigious inaugural national mentorship award of the Society of Obstetricians and Gynecologists of Canada. She founded and leads the national collaboration: The Canadian Contraception and Abortion Research Team. ([www.cart-grac.ca](http://www.cart-grac.ca))

**John Pawlovich** is a Clinical Professor in UBC's Department of Family Practice. Dr. Pawlovich is a graduate of UBC's medical program and has worked in many rural and remote sites across Canada. Over the last fifteen years an interest in Indigenous Health evolved with a focus on building a model of care that combines on-site and telehealth services. In 2009, the College of Family Physicians of Canada honoured Dr. Pawlovich with the Reg Perkins Award as British Columbia's Family Physician of the Year. He is currently the Director for the Rural Coordination Centre of BC and its Real-Time Virtual Support (RTVS) lead. The Rural Coordination Centre of BC (RCCbc), in conjunction with the Rural Education Action Plan (REAP), seeks to improve the health of rural people and communities of British Columbia.

**Marek Rokosh** is a peer-researcher with 'Collaborative RESearch Team for the study of psychosocial issues in Bipolar Disorder' (CREST.BD), a CIHR-funded Canadian network dedicated to collaborative research and knowledge exchange in bipolar disorder. He serves as co-chair of their Bipolar Bridges Advisory Group. Marek lives well with Bipolar Disorder Type 1 with psychotic tendencies, having been diagnosed 18 years ago. He is an engineer by profession, and works in the environmental services industry.
Gavin Stuart is a Professor in the Department of Obstetrics and Gynecology. He served as the Dean of the Faculty of Medicine from September 2003 to September 2015 and UBC’s Vice-Provost Health from 2009 to 2016. Gavin is an active teacher, clinician and researcher. His clinical research and publications are in the area of gynecologic cancer, including population-based screening programs and the conduct of clinical trials as therapeutic interventions in gynecologic cancer. Gavin has held multiple leadership positions in the field: past Chair of the Gynecologic Cancer Intergroup, leading international trials with several national cooperative groups; Co-Chair of the Gynecology Site Committee of the NCI Canada; and past President of the Society of Gynecologic Oncology/La Société de Gyneco-Oncologie du Canada (GOC). In 2009, he received the Presidential Medal Award from the GOC. Gavin has been active in leadership roles in many national and U.S. committees on medical education, health human resource planning and evidence-based guideline development. In 2010, he was elected to the Canadian Academy of Health Sciences.

Debra Walker was diagnosed originally with cervical cancer in the late ‘90s and was in remission until her 2017 diagnosis with Stage 4 Ovarian Cancer. Upon the conclusion of her active treatment in January 2018, she entered into an ovarian cancer clinical trial, in part to help inform research on alternative treatment options for future patients. Debra is a strong patient advocate and has been actively doing patient engagement in research on a provincial and national level. She is part of the Gynecologic Cancer Initiative’s Patient and Family Advisory Council, Clinical Trials Group, and many others. Progressing through her treatment plan, Debra has actively sought out increased exposure to new trials and research results for cancer care and is proactively stretching her knowledge. As a Human Resources Consultant, specializing in Psychological Health and Wellness in the workplace she is keenly interested in scientific research as it relates to psychosocial health of patients and caregivers.

Paul J. Yong is an Associate Professor in the UBC Department of Obstetrics and Gynaecology, and a gynecologist and research director at the BC Women’s Centre for Pelvic Pain and Endometriosis. Dr. Yong is Principal Investigator of the UBC Endometriosis and Pelvic Pain Laboratory, and holds a MSFHR Health Professional Investigator Award.