



**Reference Information:**

BCCDC: 1-604-707-2400 or [www.bccdc.ca](http://www.bccdc.ca)

BC Centre of Excellence HIV/AIDS:

Pharmacy: 1-888-511-6222

Physician's Hotline: 1-800-665-7677

Provincial Workplace Health Call Centre:

PHSA/FHA/PHC/VCH: 1-866-922-9464

Fax: 604-953-5138

Email: [OHN@WHCallCentre.ca](mailto:OHN@WHCallCentre.ca)

Updated: 08/07/2020

## I've Just Had a Needle-Stick Injury or Blood/Body Fluid Exposure

---

### Now What?

- 1) Follow your site specific BBF protocol posted at your worksite and found on [POD](#).
- 2) Report your exposure to the Workplace Health Call Centre at 1-866-922-9464. After reporting your injury you will be transferred to the Occupational Health Nurse who will provide post exposure follow up management.

### What can you expect from the Occupational Health Nurse?

- After your exposure, you and the source person, if known, will be tested for Hepatitis B, Hepatitis C and HIV antibodies. The Occupational Health Nurse will provide you with your results and will provide follow up recommendations based on the source results.
- When the source is high risk or unknown you will be sent laboratory requisitions for follow up blood-work for the next 9 months.
- If you need to be revaccinated for Hepatitis B you will be advised by the nurse when she reports your blood test results.
- You may have received HBIG (Hepatitis B Immune Globulin), Hepatitis B, Tetanus booster and/or anti-retrovirals in the Emergency Department at the time of injury. Please inform the Occupational Health Nurse which medications/immunizations you received.
- If anti-retroviral medication starter kit is ordered by the physician in the Emergency Room and you decide to take it, you must contact your personal physician within two days to have the rest of the medication ordered and to have baseline blood tests done. Your physician will reorder the anti-retrovirals from St. Paul's Hospital Centre for Excellence in HIV/AIDS.

### What precautions should you take until you are informed that the source person's tests are negative or you have been tested for 9 months and all results are negative?

- Inform your personal physician, dentist and other health care providers that you are being tested for Hepatitis and HIV. Remember, as well, to inform them when testing is finished and you have the final result.
- Do not donate blood, body fluids, breast milk, tissue, sperm or organs for 9 months after the injury.
- Practice safe sex – use latex condoms with a water-based lubricant for all acts of sexual intercourse
- Do not become pregnant. If you are pregnant or do become pregnant, see your doctor or call the Oak Tree Clinic at BC Women's Hospital at 604-875-2212 or toll-free at 1-888-711-3030.
- Discontinue breast feeding or express and discard the milk.
- Do not share toothbrushes/dental floss, razors, needles or other implements that may be contaminated with blood or body fluids.

**If you have any further questions, please contact the Occupational Health Nurse at 1-866-922-9464**



## Early Blood & Body Fluid Exposure Notification

Date: \_\_\_\_\_  
DD/MM/YYYY

Time: \_\_\_\_\_

Facility: \_\_\_\_\_ Department: \_\_\_\_\_

Employee Name: \_\_\_\_\_

Employee Contact Number: \_\_\_\_\_

PHN: \_\_\_\_\_ DOB: \_\_\_\_\_

Source Information:

Source sticker provided by unit

**FAX TO PROVINCIAL WORKPLACE HEALTH CALL CENTRE AT 604-953-5138**

If source info available, Occupational First Aid attendant ensures this form is faxed to PWHCC.

This Page is Intentionally Blank

## PG 1

## GUIDELINES FOR OBTAINING INFORMED CONSENT

Obtaining informed consent and maintaining confidentiality of information is an integral part of all post-exposure testing procedures. Therefore, appropriate pre- and post-test discussion must accompany testing for blood and body fluid exposures.

The following should be discussed with the **SOURCE** person:

- ☐ Why/how their test results are needed for post-exposure management of the exposed person
- ☐ That consent is needed for disclosure of their test results to:
  - ☐ Their own follow-up physician
  - ☐ The exposed person's follow-up physician
  - ☐ The exposed person's worksite occupational health and to WorkSafe BC (in the instance of an occupational exposure)
  - ☐ The exposed person will not be informed of their test results, or their identity. (The exposed person will only be told whether or not to continue HIV post exposure prophylaxis.)
- ☐ How they choose to be contacted in the event of a positive test result.

*(The above enables appropriate post-test follow-up management and support - especially in the event of a positive test result)*

Obtain consent from the **EXPOSED** person for disclosure of their lab results to their:

- ☐ Worksite occupational health and WorkSafe BC
- ☐ Follow-up physician

Inform the **SOURCE** and **EXPOSED** person that:

- ☐ HIV testing may be done:
  - ☐ Nominally – in which the test is conducted and reported using the client's full name, address and contact information
- Or
- ☐ Non-nominally – in which the test is conducted using initials as per agency standards
- ☐ Positive HIV results will be reported to the Medical Health Officer using the nominal or non-nominal identifiers. Non-nominal HIV reporting is identified through checking a tick box on the laboratory requisition form.
- ☐ For all HIV positive results (nominal or non-nominal), a case report will also be sent to public health. A public health nurse with specialized training will be responsible for the required follow-up by calling the testing physician to offer support for the newly positive client, and assisting with partner counseling or other identified needs. Follow-up will occur whether testing is ordered by either the nominal or non-nominal option.
- ☐ Testing for HBV and HCV can only be done nominally.
- ☐ Positive HBV and HCV test results will be forwarded to public health for appropriate follow-up and management.



Management of Percutaneous or Permu-  
cosal Exposure to Blood and Body Fluid/  
Laboratory Requisition

NOTE: If exposed and/or source person(s) choose non-nominal HIV  
testing, identify only by initials, sex, and date of birth. Refer to back  
of form for guidelines for obtaining informed consent.

Exposed Person Information

☐ NOMINAL HIV TESTING ☐ NON-NOMINAL HIV TESTING

|   |  |  |  |   |  |
|---|--|--|--|---|--|
| SURNAME   |  | GIVEN NAME   |  | HOSPITAL  |  |
| ADDRESS   |  | GENDER<br><input type="checkbox"/> M <input type="checkbox"/> F  |  | PHN   |  |
| DATE & TIME OF EXPOSURE<br>YYYY MM DD   |  | HOUR   |  | DATE OF BIRTH (YYYY / MM / DD)  |  |
| HAS THE EXPOSED PERSON PREVIOUSLY RECEIVED HEPATITIS B VACCINE?<br><input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN <input type="checkbox"/> YES # OF DOSES |  | SEROCONVERSION?<br><input type="checkbox"/> NO <input type="checkbox"/> UNKNOWN <input type="checkbox"/> YES |  | PREGNANT?<br><input type="checkbox"/> YES <input type="checkbox"/> NO |  |
| WAS THIS AN OCCUPATIONAL EXPOSURE?<br><input type="checkbox"/> YES <input type="checkbox"/> NO  |  | IF YES, SPECIFY OCCUPATION   |  | INDUSTRY  |  |
| EMPLOYER'S NAME   |  | EMPLOYER'S PHONE NUMBER  |  | DATE BLOOD COLLECTED (YYYY / MM / DD)                                 |  |
| HOME PHONE NUMBER   |  | WORK PHONE NUMBER  |  |   |  |
| JOB ACTIVITY AT TIME OF ACCIDENT  |  |  |  |   |  |

Exposure Information

|                                   |   |   |  |
|-----------------------------------|---|---|--|
| TYPE OF BODY FLUID                | PLACE OF EXPOSURE (E.G. BEACH, PARK, HOSPITAL)<br>CITY/TOWN | TYPE OF EXPOSURE<br>1. <input type="checkbox"/> PERCUTANEOUS<br>2. <input type="checkbox"/> PERMUCOSAL<br>3. <input type="checkbox"/> SEXUAL<br>4. <input type="checkbox"/> NON-INTACT SKIN | YES NO UNKNOWN<br>IF PERCUTANEOUS EXPOSURE, WAS:<br>BLOOD VISIBLE ON INSTRUMENT?<br>INSTRUMENT RECENTLY IN<br>SOURCE'S ARTERY OR VEIN?                   |
| BODY SITE WHERE EXPOSURE OCCURRED |   | TYPE OF INSTRUMENT  | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/><br><input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |

Source Person (source of blood or body fluid to which the exposed person was exposed)

☐ NOMINAL HIV TESTING ☐ NON-NOMINAL HIV TESTING

|  |   |   |            |                                       |     |
|--|---|---|------------|---------------------------------------|-----|
| KNOWN?<br><input type="checkbox"/> YES <input type="checkbox"/> NO   | GENDER<br><input type="checkbox"/> M <input type="checkbox"/> F | SURNAME   | GIVEN NAME | DATE OF BIRTH (YYYY / MM / DD)        | PHN |
| INFECTIOUS STATUS OF SOURCE<br>YES NO UNKNOWN<br>HIV+ <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/><br>HBsAg+ <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/><br>HCV+ <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |   | KNOWN MEMBER OF A HIGHER RISK GROUP FOR:<br>HIV <input type="checkbox"/> <input type="checkbox"/><br>HBV <input type="checkbox"/> <input type="checkbox"/><br>HCV <input type="checkbox"/> <input type="checkbox"/> |            | DATE BLOOD COLLECTED (YYYY / MM / DD) |     |

Exposed Person Management - The Exposed Person Was Given:

|   |  |  |  |   |                            |
|---|--|--|--|---|----------------------------|
| <input type="checkbox"/> HBIG<br>YYYY MM DD | <input type="checkbox"/> HEPATITIS B VACCINE<br>YYYY MM DD | <input type="checkbox"/> POST EXPOSURE TETANUS BOOSTER<br>YYYY MM DD | <input type="checkbox"/> TETANUS IMMUNE GLOBULIN<br>YYYY MM DD | <input type="checkbox"/> ANTIRETROVIRAL STARTED KIT<br>YYYY MM DD | TIME STARTED<br>YYYY MM DD |
|---|--|--|--|---|----------------------------|

Blood Testing (HBsAg, Anti-HBs, Anti-HBc Total, Anti-HCV, HIV Ag/Ab are done routinely.)

LAB RESULTS TO BE FAXED/PHONED TO:

|                |  |         |                       |   |       |
|----------------|--|---------|-----------------------|---|-------|
| SOURCE PERSON  | <input type="checkbox"/> SOURCE PERSON'S FOLLOW-UP PHYSICIAN:  | PHONE # | FAX #                 | NAME  | MSC # |
|                | <input type="checkbox"/> EXPOSED PERSON'S FOLLOW-UP PHYSICIAN: | PHONE # | FAX #                 | NAME  | MSC # |
|                | <input type="checkbox"/> EXPOSED PERSON'S WORKSITE OCC HEALTH: | PHONE # | FAX #<br>604-953-5138 | WORKSITE<br>Provincial Workplace Health Call Centre |       |
| EXPOSED PERSON | <input type="checkbox"/> EXPOSED PERSON'S FOLLOW-UP PHYSICIAN: | PHONE # | FAX #                 | NAME  | MSC # |
|                | <input type="checkbox"/> EXPOSED PERSON'S WORKSITE OCC HEALTH: | PHONE # | FAX #<br>604-953-5138 | WORKSITE<br>Provincial Workplace Health Call Centre |       |

It is the responsibility of the requesting health care provider to obtain consent from the exposed and/or source person for all laboratory testing as indicated below and for release of information on this form to public health authorities, WorkSafeBC (if exposure is occupational), and those people listed above. Refer to back of form for guidelines for obtaining informed consent.

|  |                        |                                     |
|--|------------------------|-------------------------------------|
| NAME OF HEALTH CARE PROVIDER COMPLETING ABOVE SECTION OF FORM AND REQUESTING BLOODWORK (PRINT) |                        | DATE (YYYY / MM / DD)               |
| WORKSAFEBC PURPOSES ONLY<br>MSC #  | SIGNATURE OF PHYSICIAN | WORKSAFE BC BILLING CODE<br># 19909 |

|  |                             |               |             |                        |          |           |
|--|-----------------------------|---------------|-------------|------------------------|----------|-----------|
| FOR LABORATORY USE ONLY Put a line through the tests that are not to be done   |                             |               |             |                        |          |           |
| DATE RECEIVED AT LABORATORY (YYYY / MM / DD)   |                             | TIME RECEIVED |             | RECEIVED BY (INITIALS) |          |           |
| SAMPLE   | TESTS (BY EIA) ▶            | HBsAg         | ANTI-HBs    | ANTI-HBc Total         | ANTI-HCV | HIV Ag/Ab |
| SOURCE PERSON LAB ID ONLY  | RESULTS ▶                   |               |             |                        |          |           |
|  | TRANSCRIBED BY (INITIALS) ▶ |               |             |                        |          |           |
|  | DATE (YYYY / MM / DD) ▶     |               |             |                        |          |           |
| EXPOSED PERSON'S NAME  | RESULTS ▶                   |               |             |                        |          |           |
|  | TRANSCRIBED BY (INITIALS) ▶ |               |             |                        |          |           |
|  | DATE (YYYY / MM / DD) ▶     |               |             |                        |          |           |
| EXPOSED PERSON'S LAB ID  |                             |               |             |                        |          |           |
| TIME   | DATE (YYYY / MM / DD)       | INITIALS      | REVIEWED BY | DATE (YYYY / MM / DD)  |          |           |
| RESULTS FAXED / PHONED TO<br><input type="checkbox"/> EXPOSED PERSON'S PHYSICIAN <input type="checkbox"/> EXPOSED PERSON'S WORKSITE OCCUPATIONAL HEALTH <input type="checkbox"/> SOURCE PERSON'S PHYSICIAN |                             |               |             |                        |          |           |

## GUIDELINES FOR OBTAINING INFORMED CONSENT

Obtaining informed consent and maintaining confidentiality of information is an integral part of all post-exposure testing procedures. Therefore, appropriate pre- and post-test discussion must accompany testing for blood and body fluid exposures.

The following should be discussed with the **SOURCE** person:

- ☐ Why/how their test results are needed for post-exposure management of the exposed person
- ☐ That consent is needed for disclosure of their test results to:
  - ☐ Their own follow-up physician
  - ☐ The exposed person's follow-up physician
  - ☐ The exposed person's worksite occupational health and to WorkSafe BC (in the instance of an occupational exposure)
  - ☐ The exposed person will not be informed of their test results, or their identity. (The exposed person will only be told whether or not to continue HIV post exposure prophylaxis.)
- ☐ How they choose to be contacted in the event of a positive test result.

*(The above enables appropriate post-test follow-up management and support - especially in the event of a positive test result)*

Obtain consent from the **EXPOSED** person for disclosure of their lab results to their:

- ☐ Worksite occupational health and WorkSafe BC
- ☐ Follow-up physician

Inform the **SOURCE** and **EXPOSED** person that:

- ☐ HIV testing may be done:
  - ☐ Nominally – in which the test is conducted and reported using the client's full name, address and contact information
- Or
- ☐ Non-nominally – in which the test is conducted using initials as per agency standards
- ☐ Positive HIV results will be reported to the Medical Health Officer using the nominal or non-nominal identifiers. Non-nominal HIV reporting is identified through checking a tick box on the laboratory requisition form.
- ☐ For all HIV positive results (nominal or non-nominal), a case report will also be sent to public health. A public health nurse with specialized training will be responsible for the required follow-up by calling the testing physician to offer support for the newly positive client, and assisting with partner counseling or other identified needs. Follow-up will occur whether testing is ordered by either the nominal or non-nominal option.
- ☐ Testing for HBV and HCV can only be done nominally.
- ☐ Positive HBV and HCV test results will be forwarded to public health for appropriate follow-up and management.



**Management of Percutaneous or  
Mucosal Exposure to Blood and Body Fluid  
Letter for Follow-Up Physician**

Dear Health Care Provider,

\_\_\_\_\_ D.O.B. \_\_\_\_\_ was seen in the  
Last Name First Name Year/Mo./Day  
 Emergency Department of \_\_\_\_\_ Hospital on \_\_\_\_\_ following an exposure  
Year/Mo./Day  
 to blood or body fluid.

They received the following post-exposure prophylaxis:

- |   |  |
|---|--|
| <input type="checkbox"/> Wound cleaning                     | <input type="checkbox"/> One dose of Hepatitis B vaccine                           |
| <input type="checkbox"/> Tetanus prophylaxis                | <input type="checkbox"/> Started on 5 day antiretroviral starter kit               |
| <input type="checkbox"/> Hepatitis B immune globulin (HBIG) | <input type="checkbox"/> Preliminary counselling for blood and body fluid exposure |

The following baseline blood tests were performed:

- |                                    |                                       |                                   |   |   |
|------------------------------------|---------------------------------------|-----------------------------------|---|---|
| <input type="checkbox"/> HIV Ag/Ab | <input type="checkbox"/> HBsAg        | <input type="checkbox"/> anti-HBs | <input type="checkbox"/> anti-HBc Total | <input type="checkbox"/> Pregnancy test |
| <input type="checkbox"/> anti-HCV  | <input type="checkbox"/> Other: _____ |                                   |   |   |

*Results of the above tests will determine the need for further testing.*Information regarding these lab results can be obtained by calling \_\_\_\_\_ and asking for:  
phone

- |   |  |                              |
|---|--|------------------------------|
| <input type="checkbox"/> Medical Records  | <input type="checkbox"/> Emergency Dept. | <input type="checkbox"/> Lab |
| <input type="checkbox"/> Other: _____<br><small>specify contact name or department name</small> |  |                              |

**The following are required by you:**

- ☐ Consult with the Centre for Excellence in HIV/AIDS (1-888-511-6222) as soon as possible to determine the need for the remainder of a one month's supply of antiretrovirals (and to arrange delivery if required).
- ☐ Offer or refer for further doses of Hepatitis B vaccine to complete the recommended schedule.

**Arrange for the following blood tests:\***

- |   |  |                                   |                                |                                   |   |
|---|--|-----------------------------------|--------------------------------|-----------------------------------|---|
| 3 weeks post-exposure:                    | <input type="checkbox"/> HIV Ag/Ab   |                                   |                                |                                   |   |
|   | <input type="checkbox"/> HCV RNA (If source HCV <sup>+</sup> or high risk group; if HCV RNA <sup>+</sup> repeat in 6 months) |                                   |                                |                                   |   |
| 6 weeks post-exposure:                    | <input type="checkbox"/> HIV Ag/Ab   |                                   |                                |                                   |   |
| 3 months post-exposure:                   | <input type="checkbox"/> HIV Ag/Ab   | <input type="checkbox"/> anti-HCV | <input type="checkbox"/> HBsAg | <input type="checkbox"/> anti-HBs | <input type="checkbox"/> anti-HBc Total |
|   | <small>(unless previous HCV RNA<sup>+</sup>)</small>   |                                   |                                |                                   |   |
| <input type="checkbox"/> All of the above |  |                                   |                                |                                   |   |
| Other: _____                              |  |                                   |                                |                                   |   |

*\* If the result of a test changes from being negative (non-reactive) to positive (reactive), seroconversion has occurred for that viral marker.*

The exposed person may require further counselling about their risk of infection, ways to avoid transmission, and information about antiretrovirals.

Information concerning antiretrovirals can be obtained from the B.C. Centre for Excellence in HIV/AIDS (1 888 511 6222).

Information concerning counselling to avoid potential transmission can be obtained from your local health facility or from the BC Centre for Disease Control at <http://www.bccdc.ca/health-info/disease-types/bloodborne-diseases>.

Please refer to Chapter 1, Blood and Body Fluid Exposure Management (BCCDC Communicable Disease Control Manual) for information concerning testing for exposed persons placed on PEP, given HBIG, or HBV vaccine:

<http://www.bccdc.ca/health-professionals/clinical-resources/communicable-disease-control-manual>

Signature \_\_\_\_\_

Name (print) \_\_\_\_\_

Date (yyyy/mm/dd) \_\_\_\_\_

## DISTRIBUTION

WHITE: Client  
 YELLOW: Exposed Person's Worksite Occupational Health  
 PINK: Exposed person's chart

## HEALTH FACILITY STAMP:

## GUIDELINES FOR OBTAINING INFORMED CONSENT

Obtaining informed consent and maintaining confidentiality of information is an integral part of all post-exposure testing procedures. Therefore, appropriate pre- and post-test discussion must accompany testing for blood and body fluid exposures.

The following should be discussed with the **SOURCE** person:

- ☐ Why/how their test results are needed for post-exposure management of the exposed person
- ☐ That consent is needed for disclosure of their test results to:
  - ☐ Their own follow-up physician
  - ☐ The exposed person's follow-up physician
  - ☐ The exposed person's worksite occupational health and to WorkSafe BC (in the instance of an occupational exposure)
  - ☐ The exposed person will not be informed of their test results, or their identity. (The exposed person will only be told whether or not to continue HIV post exposure prophylaxis.)
- ☐ How they choose to be contacted in the event of a positive test result.

*(The above enables appropriate post-test follow-up management and support - especially in the event of a positive test result)*

Obtain consent from the **EXPOSED** person for disclosure of their lab results to their:

- ☐ Worksite occupational health and WorkSafe BC
- ☐ Follow-up physician

Inform the **SOURCE** and **EXPOSED** person that:

- ☐ HIV testing may be done:
  - ☐ Nominally – in which the test is conducted and reported using the client's full name, address and contact information
- Or
- ☐ Non-nominally – in which the test is conducted using initials as per agency standards
- ☐ Positive HIV results will be reported to the Medical Health Officer using the nominal or non-nominal identifiers. Non-nominal HIV reporting is identified through checking a tick box on the laboratory requisition form.
- ☐ For all HIV positive results (nominal or non-nominal), a case report will also be sent to public health. A public health nurse with specialized training will be responsible for the required follow-up by calling the testing physician to offer support for the newly positive client, and assisting with partner counseling or other identified needs. Follow-up will occur whether testing is ordered by either the nominal or non-nominal option.
- ☐ Testing for HBV and HCV can only be done nominally.
- ☐ Positive HBV and HCV test results will be forwarded to public health for appropriate follow-up and management.

**SELECT ONE ONLY:**
☐ **Physician's First Report (F8)**
☐ **The worker's condition or treatment has changed (F11)**

(required if you suspect the worker may be disabled beyond the day of injury or if the claim is for a hernia, back condition, shoulder or knee strain/sprain, occupational disease, or mental disorder)

(required if the worker's condition or treatment has changed since last report or if the worker is ready for return to work)

|  |  |   |  |                             |            |
|--|--|---|--|-----------------------------|------------|
| Date of service (yyyy-mm-dd)<br>        -  |  | Date of birth (yyyy-mm-dd)<br>        -                           |  | WorkSafeBC claim number<br> |            |
| Employer's name<br>  |  | Worker's last name<br>  |  |                             |            |
| Employer's telephone number<br>(must include area code)<br>  |  | First name<br>  |  | Middle initial<br>          | Gender<br> |
| Operating location address<br>   |  | Mailing address (include postal code)<br>                         |  |                             |            |
| Date of injury or when patient was first treated for this condition (yyyy-mm-dd)<br>        -  |  | Worker's contact telephone number<br>(must include area code)<br> |  |                             |            |
| Who rendered first treatment?<br>  |  | Worker's personal health number (BC Services Card/CareCard)<br>   |  |                             |            |
| Are you the worker's regular practitioner? <input type="checkbox"/> YES <input type="checkbox"/> NO  |  |   |  |                             |            |
| If YES, how long has the worker been your patient? <input type="checkbox"/> 0-6 months <input type="checkbox"/> 7-12 months <input type="checkbox"/> > 1 year          |  |   |  |                             |            |
| Are there prior or other problems affecting injury, recovery, and disability?<br>  |  |   |  |                             |            |
|  |  |   |  |                             |            |
| From injury or last report, has the worker been disabled from work? <input type="checkbox"/> YES <input type="checkbox"/> NO If YES, as of what date? (yyyy-mm-dd)<br> |  |   |  |                             |            |

8 / 11

**Injury codes and descriptions**

|                      |                    |                 |
|----------------------|--------------------|-----------------|
| Diagnosis (text)<br> |                    |                 |
| CSA BP/AP (code)<br> | CSA NOI (code)<br> | ICD9 (code)<br> |

**Clinical information**

|   |
|---|
| What happened? Subject Sx, examination, investigations, treatments/meds, specialists consult?<br> |
|   |
|   |
|   |
|   |
|   |
|   |

**Return-to-work planning**

|  |  |
|--|--|
| Is the worker now medically capable of working full duties, full time? <input type="checkbox"/> YES <input type="checkbox"/> NO  |  |
| If NO, what are the current physical and/or psychological restrictions?<br>  |  |
|  |  |
| Estimated time before the worker will be able to return to the workplace in any capacity<br><input type="checkbox"/> Currently at work <input type="checkbox"/> 1-6 days <input type="checkbox"/> 7-13 days <input type="checkbox"/> 14-20 days <input type="checkbox"/> > 20 days |  |
| If appropriate, is the worker now ready for a rehabilitation program? <input type="checkbox"/> YES <input type="checkbox"/> NO If YES, select <input type="checkbox"/> WCP or <input type="checkbox"/> Other   |  |
| Do you wish to consult with a WorkSafeBC physician or nurse advisor? <input type="checkbox"/> YES <input type="checkbox"/> NO  |  |
| If possible, please estimate date of maximal medical recovery (full recovery or best possible recovery) (yyyy-mm-dd)<br>        -  |  |

|                  |                         |
|------------------|-------------------------|
| Payee number<br> | Practitioner number<br> |
| Payee name<br>   | Practitioner name<br>   |

The *Workers Compensation Act* requires that the Physician's First Report, containing all the information requested, shall be furnished to WorkSafeBC (the Workers' Compensation Board) within **3 days** after the date of first attendance to the worker.

**Practitioner — This report needs to be completed and submitted only when, in the case of a First Report (F8):**

- 1. You suspect the worker may be disabled beyond the day of injury
- 2. If the claim is for a hernia, back condition, shoulder or knee strain/sprain, occupational disease, or mental disorder
- 3. If none of the above criteria apply and WorkSafeBC requests this report (bill fee item 19927)
- 4. If a First Report should have been sent by #1 and 2 being met but was not, send the report and bill a fee item 19900

**In the case of a follow-up visit, submit only (F11):**

- 1. If the worker's condition or treatment has changed since the last report or if the worker is ready for return to work
- 2. It is not necessary to answer the following questions if completing a report for a follow-up visit (F11)
  - Are you the worker's regular physician? If YES, how long has the worker been your patient?
  - Who rendered first treatment?

IN ALL OTHER CASES, ONLY YOUR PRACTITIONER ACCOUNT FOR PROCEDURES OR VISIT IS REQUIRED.

**Completed Practitioner Reports (paper versions) should be sent by fax to:**

|                |                    |
|----------------|--------------------|
| Lower Mainland | Fax 604.233.9777   |
| Toll-free      | Fax 1.888.922.8807 |

**or by mail to:**

**WorkSafeBC  
PO Box 4700 Stn Terminal  
Vancouver BC V6B 1J1**

**For claim/claimant inquiries, phone:**

|             |  |
|-------------|--|
| Call Centre | 604.231.8888 or toll-free 1.888.967.5377 |
|-------------|--|

**For invoice inquiries, phone Payment Services:**

|                |                |
|----------------|----------------|
| Lower Mainland | 604.276.3085   |
| Toll-free      | 1.888.422.2228 |

WorkSafeBC collects information on this form for the purposes of administering and enforcing the *Workers Compensation Act*. That Act, along with the *Freedom of Information and Protection of Privacy Act*, constitutes the authority to collect such information. To learn more about the collection of personal information, contact WorkSafeBC's freedom of information coordinator at PO Box 2310 Stn Terminal, Vancouver BC, V6B 3W5, or call 604.279.8171.

|  |  |
|--|--|
| <b>WorkSafeBC Office Use Only — Mailroom Stamp</b> | <b>WorkSafeBC Office Use Only — CRT Sticker Here</b> |
|--|--|

|                                  |
|----------------------------------|
| <b>Physician Office Use Only</b> |
|----------------------------------|

**CODES REQUIRED FOR PHYSICIAN'S  
WORKSAFEBC FORM 8/11**

**INJURY CODES AND DESCRIPTIONS:**

**CSA BP/AP (body part):**

|                |   |
|----------------|---|
| LEFT           | L |
| RIGHT          | R |
| Left and Right | B |
| Not applicable | N |

**Use this for body systems, a major body part such as heart or stomach or multiple body parts.**

**CSA NOI (nature of injury)**

**Wounds:**

|                         |       |
|-------------------------|-------|
| Cuts and lacerations    | 03400 |
| Punctures               | 03700 |
| Abrasions and scratches | 04100 |

**ICD 9:**

**Poisoning by drugs, medications and biological substances:**

|       |  |
|-------|--|
| 964.7 | Natural blood and blood products   |
| 979.9 | Other and unspecified vaccines and biological substances<br>e.g. urine, saliva |